

Only To Do Nothing a performative installation



You are lying on your bed looking at the ceiling, you don't know how long you've been there, could have been minutes, could have been days... doing nothing. But inside that 'nothing' you discovered a new world, a world of adventures, explorations, whispers, intimacy, laughter and the freedom to play without judgement.

Only To Do Nothing invites the audience into this world.

Visitors, and performers alike, are free to do whatever they feel, to play, to dance, to observe. The performers invite the audience to experience the sensation of doing nothing. Leaving all social pressures of the outside world at the door, and taking that long overdue break out of their lives, to play.

The space is filled with inspirations, dancing, pillowcases that speak soft words, video installations of girls playing underwater, mattresses to relax on, pillows for comfort...or pillow fights!

"It was an amazing experience. It was like I had permission to let everything go and just to be myself. Something in me was finally unchained and I noticed that my tears were running down uncontrollably." Audience member - London.

You are now here Collective

Concept, scenography & choreography: Emma Lindgren
Performers: 5
Audience members: 50
Duration: 3 hours
Contact: info@emmalab.org, mob. +46736500371

Space: a large room, no seating area
Ceiling: min 4 m
Possibility to hang projector from the ceiling
Build/take down space: 5/2hours
Workshop: possible
www.emmalab.org

